Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MZK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: MOERMAN Helena

Coaches: DE SAEDELEER Jodie HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:2, starttime: 14:00

Heat: 2/14 Lane : 2 Athlete: DERVAUX ARNOUT **Q-time: 01:49:36**

PB (25m pool): no time **PB (50m pool):** 01:49.36 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:2, starttime: 14:00

Heat: 2/14 Lane : 6 Athlete: TANGHE BATIS **Q-time: 01:46:78**

PB (25m pool): 01:46.78 Diksmuide 12/10/2025 **PB (50m pool):** 01:51.42 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.61		01:46.78	
		00:51.61		*00:55.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:4, starttime: 14:05

Heat: 4/14 Lane : 1 Athlete: RIGOLE MAURO **Q-time: 01:37:70**

PB (25m pool): 01:37.70 Nijlen 16/11/2025 **PB (50m pool):** 01:38.93 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.48		01:37.70	
		00:46.48		*00:51.22*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MZK

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:2, starttime: 15:05

Heat: 2/13 Lane : 2 Athlete: TANGHE MARIT — **Q-time: 00:50:64**

PB (25m pool): no time **PB (50m pool):** 00:50.64 **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:13, starttime: 15:20

Heat: 13/13 Lane : 7 Athlete: DERVAUX ELLA — **Q-time: 00:37:68**

PB (25m pool): 00:37.68 Brugge 04/10/2026 **PB (50m pool):** 00:39.83 **SB:** 00:37.68 Brugge 04/10/2026

	25 M	50 M	
PB		00:37.68	
	00:37.68		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:6, starttime: 16:40

Heat: 6/12 Lane : 8 Athlete: DHONDT MATTHIAS — **Q-time: 01:21:04**

PB (25m pool): 01:21.04 Brugge 04/10/2026 **PB (50m pool):** 01:27.51 **SB:** 01:21.04 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.28		01:21.04	
	00:38.28		*00:42.76*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:8, starttime: 16:45

Heat: 8/12 Lane : 6 Athlete: VERPLANCKE BALDER — **Q-time: 01:18:20**

PB (25m pool): 01:18.20 Brugge 04/10/2026 **PB (50m pool):** 01:20.36 **SB:** 01:18.20 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.15		01:18.20	
	00:37.15		*00:41.05*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MZK

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:11, starttime: 16:50

Heat: 11/12 Lane : 7 Athlete: POOT RUBE — **Q-time: 01:15:17**

PB (25m pool): 01:15.41 Brugge 04/10/2026 — **PB (50m pool):** 01:15.17 **SB:** 01:15.41 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.94		01:15.41	
		00:35.94		*00:39.47*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:3, starttime: 17:00

Heat: 3/15 Lane : 3 Athlete: TANGHE MARIT — **Q-time: 01:51:20**

PB (25m pool): 02:06.88 Menen 01/05/2025 — **PB (50m pool):** 01:51.20 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:58.80		02:06.88	
		00:58.80		*01:08.08*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:15, starttime: 17:25

Heat: 15/15 Lane : 5 Athlete: DERVAUX ELLA — **Q-time: 01:28:22**

PB (25m pool): 01:28.22 Brugge 04/10/2026 — **PB (50m pool):** 01:31.65 **SB:** 01:28.22 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.96		01:28.22	
		00:41.96		*00:46.26*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: